

# THE MOUNTAIN NEWS

## JULY/AUGUST

## 2010

Enjoy a  
Safe and  
Happy  
Summer!

Happy Birthday!!



Mountain Martial Arts  
732-656-9800  
Volume 54



A black belt is just a white  
belt who never quits.



### The Jundokan Dojo Kun

- Be humble and polite.
- Train considering your physical strength.
- Practice earnestly and with creativity.
- Be calm and swift.
- Take care of your health.
- Live a plain and simple life.
- Do not be too proud or modest.
- Continue your training with patience.

By Tetsunosuke Yasuda Sensei  
Okinawa Jundokan

### DOJO SPOTLIGHT

This August, our dojo is proud to host **Taira Bunkai USA 2010**. It is an honor and a privilege to have such a knowledgeable Goju Ryu practitioner in our midst. We are pleased to have attendees coming from all over the world for what promises to be an education in martial arts that will define a deeper meaning of our martial arts style.

**Taira Masaji Sensei**, 8th Dan, is the *Jundokan Vice Chairman in Okinawa*. **Taira Sensei** is best known throughout the world for his unique understanding and ability to make *Gojuryu* kata work. He has spent decades researching kata and analyzing bunkai application. His ability to impart and teach his hard earned knowledge is as amazing as his technique.

Along with **Taira Sensei**, we are proud to present **Glenn McIlvride Sensei**, who has spent many years as **Taira Sensei's** personal training partner. **Glenn Sensei** has been instrumental in creating an awareness of **Taira Sensei's** mastery of bunkai through his website **TairaBunkai.com**

While the seminar is open to Adults and Teens, we welcome all of our dojo parents and students to join us for our Dinner, BBQ and Sayonara party. Not only will you have an opportunity to meet these two outstanding Sensei, you will enjoy meeting members of our Gojuryu family from all over the world!

Akshaya Arun	07/03
Carson Riley	07/29
Zachary Esposito	07/31
William Farmer	07/04
John Fioto	07/07
Christopher Garrin	07/29
Richie Lucadamo	07/06
Sandy Machiaverna	07/28
Akshar Pithadia	07/15
Jayson Pitta	07/23
Victoria Quigley	07/28
Harvinder Singh	07/09
Brandon Theobald	07/11
Salvatore Volo	07/11

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James Bruno	0814
Johnny Bruno	08/26
Frank Cook	08/20
Benjamin Devito	08/03
Emily Deworsop	08/12
Michael Favoloro	08/02
Ryan Gregory	08/23
Ella Hornstein	08/29
<b>Skyler Kapel</b>	<b>08/10</b>
Kyle McCarthy	08/29
Jack Neilson	08/29
Aditya Palekar	08/29
Jesse Pedersen	08/01
Ava Prinzo	08/28
Brittany Rifenburg	08/09
Michael Rizzi	08/23
Martin Villanobos	08/29
Hunter Yankelovich	08/02
Antonio Zarco	08/14

## IMPORTANT DATES

July 25th	10am to 2pm Bunkai Workshop
August 12-15th	TAIRA BUNKAI USA 2010
September 1	Summer Schedule Ends
September 2	Fall Schedule Begins
September 19	Karate Demo at Thompson Park
September 25	11am-2pm MMA Open House Anniversary Party

### SCHEDULE CHANGES

We are currently using our Summer Schedule and will continue to do so until 9/1/08. Watch for our **Fall Schedule** and be sure to mark your calendars of the class changes. As always, please let us know if you have any questions.



### Summer Karate for Beginners Program

Do you have a friend or relative that may be interested in training in our dojo? We are pleased to offer a Summer Karate for Beginners for all ages. This introductory special offers 1/2 price—only \$140 for the entire summer and also includes a free uniform!! What's more—anyone who enrolls a friend or relative will receive a movie ticket to the new ***The Karate Kid Movie!***

**Don't delay—share this with your friends today!**

### DEMONSTRATION AT THOMPSON PARK JOIN US AS WE KICK UP SOME FUN!



We are planning on performing our annual **karate demonstration** on **Sunday, Sept 19th**, at the **Monroe Township's Country Fair**. All students are welcome to join us demonstrate our hard earned karate skills. We will have a sign up sheet available within the next few weeks. **All ranks and ages are encouraged to join us!!!**

### You are Cordially Invited..... Meet the Master of Gojuryu Bunkai! Taira Masaji Sensei

Friday, August 13 6pm Dinner Crown Plaza Hotel, Jamesburg  
Saturday, August 14 8pm BBQ hosted by Sensei Mark Kapel  
Sunday, August 15 Sayonara Party 6pm hosted by Mountain Martial Arts  
Please see Sandy for dinner registration.

**"In every generation** there are those that are good at karate, those who excel, and then there are a small number who move our understanding of the art forward by their ability to breath life into the things that the rest of us struggle with. One such teacher of karate is Masaji Taira Sensei". *Mike Clark Sensei, 7th Dan*